

School Health Advisory Council (SHAC) Meridian Independent School District

Vision Statement

All Meridian ISD students will grow academically, socially, and physically to fit their full potential.

Mission Statement

The mission of Meridian ISD SHAC is to be an advisory group of individuals who represent segments of the community and school to act collectively by providing advice to the school system on aspects of the school health program as mandated by the Texas Legislature.

Goal

The goal of the Meridian ISD SHAC is to work with the district to support good health and academic achievement. This will be implemented through:

1. Planned sequential health education
2. Physical education classes
3. School health services
4. Healthy school environment
5. Counseling, psychological and social services
6. Health promotion for staff
7. School nutrition
8. Community-school connection

School Health Advisory Council Bylaws

Article I: Statement of Purpose

The purpose of the SHAC in Meridian ISD is to serve in an advisory capacity in order to promote student performance by promoting a healthy lifestyle

Article II: Authority

Section One: Statute and Policy. Each school district in the State is required in Chapter 28.004 of the Texas Education Code, to establish and maintain a district level school health advisory council. The School Health Advisory Council of the Meridian Independent School District is specifically authorized by the Board of Trustees in district policy.

Section Two: Limitations. The SHAC shall be an advisory body, and shall serve to provide guidance, recommendations, and other assistance to the Board of Trustees as is specifically listed in state law.

Section Three. Bylaws. It shall be the responsibility SHAC to establish and amend the Bylaws.

Article III: Responsibilities

According to state law, the SHAC shall have the following responsibilities:

- A. To provide recommendations to the Board of Trustees regarding health education curriculum and a coordinated school health program through coordination of health education; physical education and physical activity; nutritional services; parental involvement; and instruction to prevent the use of tobacco.
- B. To provide recommendations to the Board of Trustees on appropriate grade levels and methods of instruction for human sexuality instruction.
- C. To provide recommendations to the Board of Trustees on the number of hours of instruction to be provided in health education.
- D. To recommend strategies for integrating the curriculum components with the following elements in a coordinated school health program for the district:
 - a. school health services;
 - b. counseling and guidance services;
 - c. a safe and healthy school environment; and
 - d. school employee wellness.
- E. To assist the school district in any other capacity that falls within the guidelines of health, wellness or physical activity of our students.

Article IV: Meetings

Section One: SHAC meetings will be held with minutes maintained in the Meridian ISD SHAC Notebook.

Section Two: Regular meetings will be held no less than four times per school year.

Section Three: Special meetings may be called by the School Health Advisory Council chairperson.

Section Four: Voting

A quorum of at least 51% of the current SHAC membership is need for actions or voting to take place. Meetings may still he held without a quorum for purposes of presentations or discussion.

Section Five: Attendance

Member attendance shall be monitored by the Chairman and or Co-Chairman, who shall work with members to try and resolve any attendance problems. Members are encouraged to contact the Chairman if they know they cannot attend. A sign in sheet will be used at all meetings to keep track of attendance and it will be maintained in the district's SHAC notebook.

Article V: Membership

Section One: Membership Criteria

The membership composition of the SHAC shall comply with the following:

- A. Each member will serve a one-year term and may serve in subsequent years.

- B. Parents must live within the district, not be employed by Meridian ISD and must be a custodial parent or guardian of a student currently enrolled in this district school.
- C. The majority of the SHAC members will consist of parents of students currently enrolled in the district.
- D. The Board of Trustees may also appoint one or more persons from each of the following groups: public school teachers; public school administrators; district students; health care professionals; the business community; law enforcement; senior citizens; the clergy; nonprofit health organizations; and local domestic violence programs.
- E. Membership of the SHAC will strive to reflect the geographic, ethnic, gender and economic diversity of the district.

Section Two: Confirmation by Board of Trustees

The Board of Trustees shall annually appoint all members to the SHAC. SHAC members may also solicit and appoint new members with approval of the Board of Trustees.

Article VI: Chairman of SHAC

The SHAC may elect a Chair, Co-Chair, and Secretary, each to serve 1 year terms. Officers will be selected at the last SHAC meeting of the school year, installing them at the first meeting of the SHAC in the following school year.

Section One: Responsibilities of Chairman

- A. Notification of all members of meetings
- B. Providing members with agendas and background material prior to meeting
- C. Prepare sign in sheets
- D. Designate person to take minutes if secretary is not present or was not appointed
- E. Serve as custodian of all SHAC records
- F. Distribute minutes to all SHAC members
- G. Distribute information to absent members and inform them about missed presentations
- H. Keep track of attendance and possible problems
- I. Solicit new members if vacancies arise and take to the Board of Trustees for approval