

SHAC Minutes 12/1/2016

I. Mrs. Sanchez – Child Nutrition Report

Birthday Policy-We currently allow homemade and store bought items for birthdays and class parties. Nurse will make classroom teachers are aware of allergies. Prefer class parties also include healthy choices.

Request that we sell food and non-food items for fundraisers.

II. Meridian ISD Legal Wellness Policy was reviewed.

Meridian ISD Local Wellness Policy was developed by the SHAC. SHAC Chairperson will take to be approved by the school board.

III. The SHAC did not have formal Bylaws. Formal bylaws were developed and will be taken to the school board for approval.

IV. Nurses Report-Mrs. Dirkse reported on the Lions Club Vision Screeners. This enabled younger students and students with special needs to receive more accurate vision screenings.

V. Fun Run brainstorm – considering March 9<sup>th</sup> in conjunction with the MES and MHS Open Houses and school carnivals OR just have booths at the carnival and possibly do Fun Run at a later time.

a. Booth ideas-bike blender, 5<sup>th</sup> graders Grow into Health, Drunk Driving Simulator, Blood pressure

VI. January 18<sup>th</sup> 3:30 at MHS library for the next meeting.

## SHAC Minutes

1/18/2017

Members present: Colin Errington, Mackenzie Errington, Jena Bridgefarmer, Kate Whitney, Kathryn Roberts

Since last meeting the Proposed Bylaws and Proposed Wellness Policy (Local) have been typed in the correct format and are awaiting approval from the school board at their January meeting.

The SHAC committee began work on the Proposed Wellness PLAN (ie how to implement the policy.)

Each area has goals, objectives, and action items. The SHAC has 2 more sections to complete and plan to do this at the next meeting.

Spring activity was discussed and tabled due to low member turn out. It will be discussed at the next meeting.

Next meeting is Wednesday, February 22 at 3:30 in the MHS library.

2/22/2017

SHAC Meeting

Minutes

In attendance: Kate Whitney, Jena Bridgefarmer, Cam Jackson, Colin Errington, Amy Dirkse, Kathryn Roberts, (Student reps were not able to attend due to extracurricular activities.)

Open House-SHAC will have display at Open House. Kate Whitney with Smoothie Bike at MHS. Cam Jackson with sugar board and student presentations from Grow into Health program.

Committee spent the remainder of the meeting completing the MISD Health Plan (ie-How we are going to carry out the MISD Health Policy completed earlier this year.)

This will probably be the last meeting of the year. When the Plan is retyped it will be presented to the board for approval and then posted.